

Welcome to our clinic. In order to provide you with the best care possible, we need to ask you about various aspects of your health history. We ask these questions of all of our clients, so some of them may not apply to you. If you feel uncertain about a question, please feel free to leave it blank. Your clinician will go over this form with you as well. Thank you for your time.

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ Date \_\_\_\_\_

Primary Care Provider: \_\_\_\_\_ Who referred you to our clinic? \_\_\_\_\_

Do you have any special questions or concerns today? If so, please describe \_\_\_\_\_

**MEDICAL HISTORY**

Please check any of the following categories if you have ever had problems with:

- Nose / Sinus \_\_\_\_\_
- Headaches \_\_\_\_\_  Migraines \_\_\_\_\_
- Seizures \_\_\_\_\_
- Excessive Thirst \_\_\_\_\_
- Thyroid / Neck \_\_\_\_\_
- Breasts \_\_\_\_\_
- Heart problem \_\_\_\_\_  Chest pain \_\_\_\_\_
- High blood pressure \_\_\_\_\_
- History of abuse \_\_\_\_\_  
(Physical / Emotional / Sexual)
- Mental health problems / Suicide attempts \_\_\_\_\_
- High Cholesterol \_\_\_\_\_
- Blood clots / Bleeding problems \_\_\_\_\_
- Stomach / Digestive problems \_\_\_\_\_
- Liver / Gall bladder \_\_\_\_\_
- Kidney / Urinary problems \_\_\_\_\_
- Joint / Muscle problems \_\_\_\_\_
- Anemia \_\_\_\_\_
- Genetic conditions \_\_\_\_\_
- Cancer \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Breathing problems / Asthma \_\_\_\_\_
- TB / Postivie PPD \_\_\_\_\_
- Other \_\_\_\_\_

Any hospitalization (other than childbirth)? \_\_\_\_\_

**Past Surgical History**

List any surgeries and include dates: (Please include C-Sections and D&C's)

\_\_\_\_\_  
\_\_\_\_\_

**Obstetrical History**

Number of Pregnancies \_\_\_\_\_ Number of Live Births \_\_\_\_\_ Number of Miscarriages / Abortions \_\_\_\_\_

Number of Premature Births \_\_\_\_\_ Number of Still Births \_\_\_\_\_ Number of Ectopic Pregnancies \_\_\_\_\_

Number of Living Children \_\_\_\_\_ Ages? \_\_\_\_\_

Any  Diabetes or  High blood pressure during pregnancy? Are you breastfeeding  Yes  No

## Gynecologic History

Date of last Pap Smear: \_\_\_\_\_ Was it normal?  Yes  No

Ever had an abnormal Pap?  Yes  No Did it require any treatment? \_\_\_\_\_

Date of last mammogram: \_\_\_\_\_ Was it normal?  Yes  No

Ever had an abnormal mammogram?  Yes  No Did it require any treatment? \_\_\_\_\_

Are you sexually active?  Yes  No Are your sexual partners:  Male  Female  Both

Age at first sexual intercourse: \_\_\_\_\_ Number of partners: \_\_\_\_\_

***If you are menopausal, please skip this section and go to the next.***

First day of your last menstrual period \_\_\_\_\_ Are your periods regular?  Yes  No

Age when periods started? \_\_\_\_\_

How long from the beginning of one to the beginning of the next? \_\_\_\_\_ How many days do they last? \_\_\_\_\_

Are they painful?  Yes  No Any PMS symptoms?  Yes  No Are you trying to get pregnant?  Yes  No

If not, what birth control method are you using? \_\_\_\_\_

### ***For our menopausal patients:***

How old were you when you had your last period? \_\_\_\_\_

Are you currently taking any Hormone Replacement Therapy?  Yes  No

If yes, list type and dose: \_\_\_\_\_

Any hot flashes, insomnia, vaginal dryness?  Yes  No Have you had a bone mineral density scan?  Yes  No

Are you having any of these symptoms now?

Vaginal itching  Vaginal irritation  Vaginal Sores  Unusual discharge

Abnormal bleeding  Pain with urination  Pain with sexual activity  Leaking Urine

Have you ever had:

Chlamydia \_\_\_\_\_  Infertility problems \_\_\_\_\_

Gonorrhea \_\_\_\_\_  Recurrent yeast infections \_\_\_\_\_

Syphilis \_\_\_\_\_  Cancer of the cervix, uterus, vagina or ovaries \_\_\_\_\_

Trichomoniasis \_\_\_\_\_  Uterine problems \_\_\_\_\_

Herpes \_\_\_\_\_  Endometriosis \_\_\_\_\_

Venereal warts / HPV \_\_\_\_\_  Ovarian Cysts \_\_\_\_\_

Pelvic Inflammatory Disease \_\_\_\_\_  Other \_\_\_\_\_

## Medications

Do you currently take any medications?  Yes  No Please list (including over the counter, prescriptions, herbal / vitamins)

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Medication allergies: \_\_\_\_\_ Reaction: \_\_\_\_\_

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